

INTERNATIONAL STUDENTS

Welcome Pack.

A practical companion for incoming Erasmus and exchange students arriving at the Scuola Superiore per Mediatori Linguistici di Pisa – a brief guide to the school, the city, and everyday life in Pisa.



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Everything you need to land in Pisa and start the year with confidence.

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EDITED BY

International Relations Office
Scuola Superiore per Mediatori Linguistici di Pisa

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**YOUR
CONTACTS**

01 / 08

Administrative, academic and social support – here's who has your back at SSML Pisa.

From the moment you apply to the end of your experience at SSML Pisa and beyond, you will receive dedicated support to navigate administrative and academic matters and daily life in Pisa. Save these numbers in your phone before you arrive.

PEOPLE**INTERNATIONAL RELATIONS OFFICE**

Ms. Maria Aurora De Angelis

Your dedicated International Relations Officer will guide you through all administrative and logistical matters related to your study abroad experience.

relazioni.internazionali@mediazionelinguistica.it
Tel. +39 050 56 18 83

ERASMUS COORDINATOR

Dr. Christopher Fotheringham, PhD

The Director of Studies is your reference for academic matters – helping you choose the right courses for you and that your credits are properly transferred.

directorofstudies@mediazionelinguistica.it
Tel. +39 050 56 18 83

STUDY ABROAD BUDDY

A local student to help you feel at home

International students at SSML Pisa are paired with a volunteer buddy from among our student tutors. Your buddy will help you adjust to life in Pisa and at the school – from finding a laundrette to making friends.

ERASMUS STUDENT NETWORK

ESN Pisa

ESN helps Erasmus students find their feet in Pisa and meet students from all over the world. Cultural and sporting events, parties, trips and activities all year round.

pisa.esn.it · pisa@esn.it

STUDENT WELFARE

Counselling and welfare service

SSML Pisa has a dedicated registered professional for counselling and mental health support.

**ABOUT
PISA**

02 / 08

A UNIVERSITY CITY

Compact, walkable, and home to some of Italy's most prestigious institutions.



Pisa is one of Italy's oldest and most renowned university cities, offering a vibrant, intellectually stimulating environment for students from around the world. A long tradition of academic excellence and innovation brings together the University of Pisa, the Scuola Normale Superiore, the Sant'Anna School of Advanced Studies, and the SSML – a concentration of higher education rarely found in a city this size.

The city's compact, walkable layout makes it easy to navigate, whether you are heading to lectures, studying in one of its historic libraries, or relaxing in a café along the Arno River. Student-friendly neighbourhoods such as San Martino and Santa Maria are filled with affordable eateries, bookstores, and cultural spaces.

Pisa is famous, of course, for its Leaning Tower – but beyond that iconic landmark are countless museums, churches, and historical sites. The Teatro Verdi offers opera, theatre and concerts, while student organisations host film screenings and language exchanges.

4

HIGHER-ED INSTITUTIONS
IN A CITY OF 90K

1h

BY TRAIN TO FLORENCE

100%

HISTORIC CENTRE IS
WALKABLE

Pisa provides an ideal setting for an enriching study abroad experience – a welcoming atmosphere, rich cultural life, and outstanding academic institutions.

GETTING THERE & AROUND

03 / 08

AIRPORTS, TRAINS, BUSES

Ample connections make Pisa a gateway to Tuscany, Italy and the rest of Europe.

BY AIR

Galileo Galilei Airport (PSA) is Tuscany's most well-served airport, with direct connections to cities all over Europe.

Students can also fly to **Florence Amerigo Vespucci (FLR)** and take a bus or train from Florence to Pisa (1 to 1.5 hours).

Pisa PSA

Florence FLR

GREEN TRAVEL

Students wishing to benefit from **Erasmus+ Green Travel** incentives may opt to arrive by train. Pisa's Stazione Centrale is well served from Turin, Milan and Florence, with international connections to France, Germany and Austria.

- **Frecciarossa:** Milan, Turin – Lyon, Paris
- **Nightjet:** Florence – Vienna, Munich



GETTING AROUND

Pisa's historic centre – where the SSML and most student accommodation are located – is walkable and bike-friendly. A local bus network serves destinations outside the centre.

TRAIN	trenitalia.com · italotreno.it
BUS	at-bus.it
TAXI	+39 050 541 600
NOTE	Uber and other ride-sharing services are not widely available in Italy.

**STUDYING
AT SSML
PISA**

04 / 08

THE SCHOOL

A private university institution specialising in foreign languages for professional purposes, translation and interpreting.

The Scuola Superiore per Mediatori Linguistici di Pisa is located in the heart of Pisa, offering a dynamic and multicultural environment for students passionate about languages and intercultural communication. With a strong emphasis on both theoretical knowledge and practical skills, SSML Pisa prepares students for careers in international relations, business communication, tourism, diplomacy and language services.

Students can develop expertise in marketing and communication, fashion and luxury export management, sustainable tourism management, multimedia and audiovisual translation, international relations and diplomacy, international communication, and simultaneous and consecutive interpreting.

SSML Pisa combines rigorous linguistic training with real-world applications. In terms of class contact time, it is the **highest-rated SSML in Italy**. Students in the three-year BA spend 27 hours a week honing their linguistic and sector-specific skills under the guidance of our exclusively native-speaker teaching staff. MA students spend 20 hours in class a week.

Courses are taught by experienced professionals – translators, interpreters and industry experts – ensuring students receive up-to-date knowledge and hands-on experience. The school integrates modern technology, providing access to professional interpreting booths and translation software used in the field.

27hWEEKLY IN-CLASS TIME
(BA)**20h**WEEKLY IN-CLASS TIME
(MA)**30+**

PARTNER INSTITUTIONS

WHERE YOU'LL SPEND YOUR DAYS

Two buildings, one minute apart, in the historic centre — a short walk from Piazza dei Miracoli.

POLO A

Via Santa Maria, 155

GROUND FLOOR Library · Student Lounge
Teachers' Lounge ·
Courtyard
Administration Offices

FIRST FLOOR Classrooms A1 · A2 · A3 · A4
· A6

SECOND FLOOR Classrooms A5 · A7
Labs L1 · L2

THIRD FLOOR Rooftop Terrace



POLO B

Via Galli Tassi, 12

GROUND FLOOR Classrooms B1 · B2 · B3 · B4
Lab L3



FINDING US

Polo A and Polo B are just a one-minute walk apart. Both are located in the historic centre, within walking distance of Piazza dei Miracoli, the train station and the Arno.

**ACCOM-
MODATION**

05 / 08

FINDING A PLACE

Pisa has no shortage of student-shared flats — a social, affordable way to live.

Many students choose shared apartments to reduce costs and enjoy a more social living experience. You can reach out to our **Tutors for Incoming Students**, who will help you navigate available housing options, trusted rental platforms and practical tips for securing accommodation. They can also help you understand rental agreements and connect you with other students looking for roommates.

PRIVATE COLLEGES

COLLEGE TONIOLO	pensionatotoniolo.it (usually one-year stays)
COLLEGE LANTERI	istitutolanteri.it
CAPPUCCINI HALL	aforismatoscana.net
SUORE FIGLIE DI NAZARETH	figliedinazaret.it
PENSIONATO SANTA MARTA	pensionatouniversitario.santamarta.it
SAN GIUSEPPE	pensionatouniversitario.sangiuseppe.it



TOWN HALL & TOURISM
www.turismo.pisa.it

SHORT STAY
airbnb.it

GROUPS & PORTALS

facebook.com/groups/cercocasapisa
facebook.com/groups/pisa-affitto-studenti
facebook.com/groups/aegeepisa.rooms
phosphoro.com · subito.it · pisa.bakeca.it · casa.it

**UNIVERSITY
CAFETERIAS**

06 / 08

EATING ON CAMPUS

Six affordable student canteens across the city.

Access the Pisa University Cafeteria system by contacting Carmelina Angelucci at DSU Toscana – cangelucci@dsu.toscana.it · +39 050 567 580.

MENSA MARTIRI

Via Martiri, 7

223 seats

Pre-order gluten-free by calling 05
0 567441 by 09:45.

MENSA CAMMEO

Via Cammeo, 51

77 seats**MENSA BETTI**

Via Cammeo, 51

223 seats

Pre-order gluten-free by calling 05
0 567441 by 09:45.

CAMPUS PRATICELLI

Via Berchet, 40

134 seats**MENSA ROSELLINI**

Via I. Rosellini, 6

33 seats

Pre-order gluten-free by calling 05
0 567441 by 09:45.

NEED ACCESS?

Carmelina Angelucci
DSU Toscana – Servizio
Ristorazione

cangelucci@dsu.toscana.it
dsu.toscana.it
Tel. 050 567 580

**HEALTH
INSURANCE**

07 / 08

STAYING COVERED

Access to health services. Everything you need to know.

EU / EEA STUDENTS

Health care assistance is available to all European citizens (EU Member States and EEA) who have the **EHIC / TEAM card** or register with the Italian National Health Service.

If you have the EHIC/TEAM card, you can go directly to any GP during outpatient time and have the right to any services needed, on a case-by-case basis. Students must bring their **health insurance card and a photocopy** to the clinic to be eligible for free treatment.

Students wishing to register with the Italian National Health Service must request certificate **E106, E109 or S1** from their country's health scheme and present it at the Health District counter at Via Garibaldi, 198.

With these forms and an Italian *codice fiscale*, registration is free and you can choose your doctor.

EU MEMBER STATES

Austria, Belgium, Bulgaria, Croatia, Cyprus, Denmark, Estonia, Finland, France, Germany, Greece, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Poland, Portugal, Czech Republic, Slovak Republic, Slovenia, Spain, Sweden, Hungary.

EEA STATES (NON-EU)

Iceland, Liechtenstein, Norway, Switzerland.

NON-EU / EEA STUDENTS

Medical insurance is necessary in order to obtain a visa and/or residence permit. If you arrive in Italy without private insurance coverage, you can organise state insurance at the Local Health Offices (*Azienda Sanitaria Locale*).

For assistance on arrival: Via Cocchi, 7 – 56121 Pisa.

REGISTERING LONG-TERM

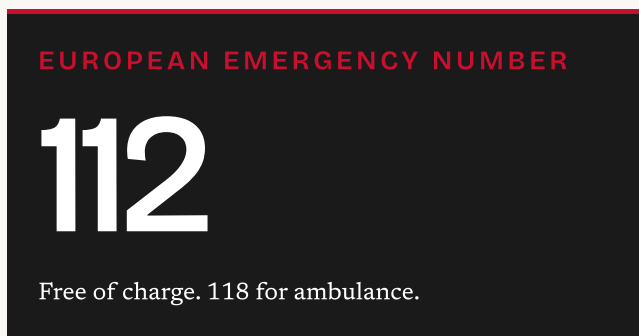
If you plan to stay in Italy for more than three months, you can register with the local Italian healthcare system. Ask your National Health Institute for the European **S1 Form** and hand it in at Via Cocchi, 7, 56121 Pisa. You will be registered free of charge and will be able to choose your doctor.

USEFUL LINKS

salute.gov.it
uslnordovest.toscana.it

EMERGENCIES

Who to call and where to go in case of emergencies.

**EMERGENCY DEPARTMENT**

+39 050 992 300

Ospedale di Cisanello, Via Paradiso, 2 – reachable on AT bus lines 1+, 14, 22.

GUARDIA MEDICA

On public holidays and at night, basic medical assistance is guaranteed by the **Guardia Medica**. The service provides basic medical assistance at home in emergencies that occur at night or on public holidays.

WEEKDAYS	20:00 – 08:00
WEEKENDS	Saturday 10:00 → Monday 08:00
HOLIDAYS	All day after a public holiday
ADDRESS	Via Garibaldi, 198 – Pisa
TELEPHONE	+39 050 959 866

More info: guidatoscana.it

If in doubt, call 112. Operators speak English and will advise you and dispatch help if needed.

**HAVING
FUN**

08 / 08

A STUDENT-FRIENDLY CITY

Historic piazzas, arthouse cinema, and sunsets on the Lungarni — Pisa after hours.

Pisa is a vibrant city with a historic centre full of meeting spots for young people. The **Lungarni** are the ultimate evening gathering place, along with **Piazza Chiara Gambacorti** (known to locals as Piazza della Pera), **Piazza delle Vettovaglie**, **Piazza Dante**, and **Piazza della Berlina** — all perfect for an *aperitivo*. For a more relaxed atmosphere there's **Piazza Santa Caterina** (officially Piazza Martiri della Libertà). The *Tramontana* side of the historic centre, where we are also located, is particularly lively, thanks to its many bars and restaurants.

CINEMA

- Multisala Odeon
- Multisala Isola Verde
- Cinema Lanteri — arthouse
- Cinema Arno
- Cinema Arsenale — auteur & original-language

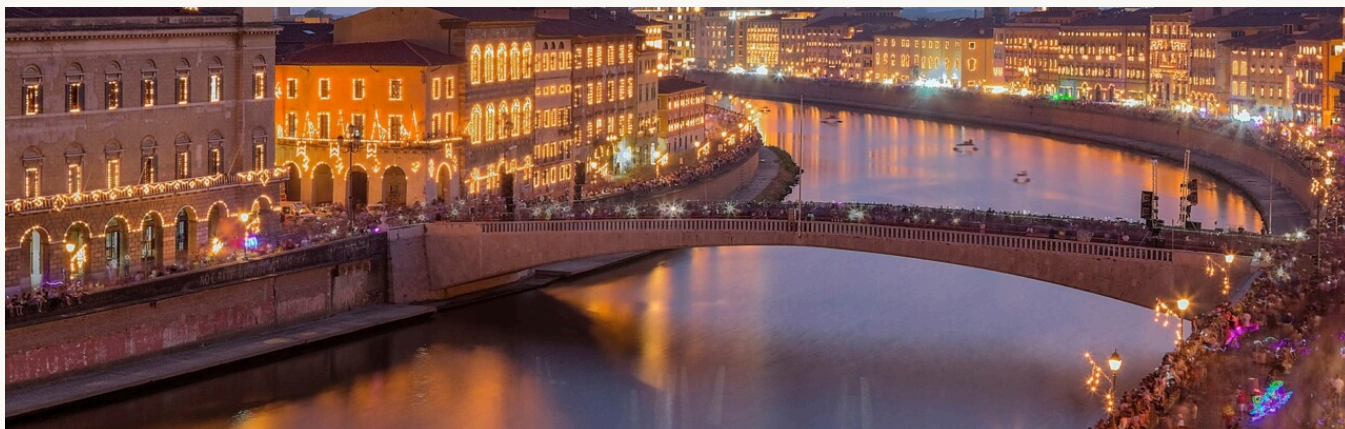
MUSIC & DANCE

- Concerti della Normale — one of Italy's most prestigious
- Scuola di Musica Buonamici
- Various dance and ballet schools
- Teatro Verdi — theatre & opera season

WELLBEING & SPORT

- Yoga & meditation associations
- Gyms with SSML agreements
- **CUS Pisa** — university sport programme

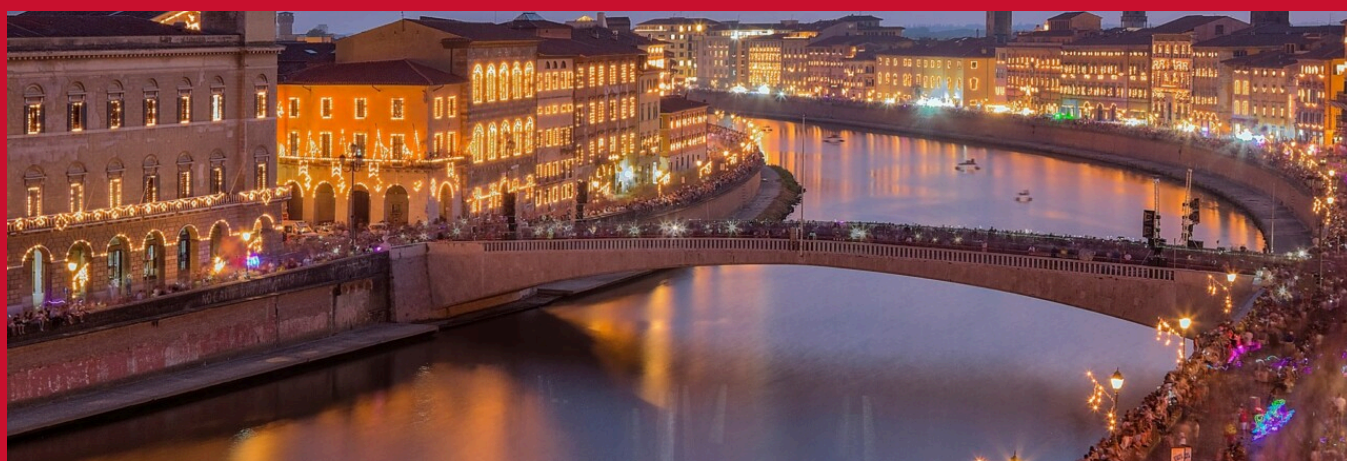
cuspisa.unipi.it



STAY IN TOUCH

Benvenuti a Pisa.

We look forward to welcoming you to the school and to the city. For any question ahead of your arrival, write to us – we typically reply within 48 hours.



INTERNATIONAL RELATIONS

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relazioni.internazionali@
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